

# INSPIRE THE FUTURE WORKFORCE

A Career Inspiration Series

**NAME: MORGEN COSGROVE**

**WHAT COMPANY DO YOU WORK FOR? ANGUS HEALTH & SOCIAL  
CARE PARTNERSHIP**

**WHAT IS YOUR ROLE? SOCIAL CARE OFFICER (SCO)**

**HOW LONG HAVE YOU BEEN DOING THIS? SINCE MARCH 2020**

Tells us more about your role?

*My role throughout the job is enablement and community alarm which allows me to **help an individual regain their independence and respond to calls for falls, transfers and assistance with personal care.** I have officially been doing this job since the 20th March 2020, however I studied Health and Social Service at college for 1 year and was fortunate to be given this job for my placement which I attended twice a week.*

Why this career? What made you decide to do this?

*At the beginning of 2019 my papa became unwell and was diagnosed with terminal brain cancer. We then had a community alarm installed and from my perspective **seeing all the team coming in everyday and helping my papa encouraged me to go into the care industry.** My mum has Multiple Sclerosis and my nana has COPD and other health conditions therefore I've always had a **passion for caring for others.***

What else have you done before before getting to where you are now?

*I had a **paper round** at the age of 13 and then got a **job at a takeaway shop** whilst studying at school. Before leaving school I then got a job in a fish and chip shop, which I worked in until I started my new job for the Council. I also did a lot of voluntary work, volunteering alongside **Police Scotland Youth Volunteers.***



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## What did you most enjoy at when you were at school?

Whilst at school I thoroughly enjoyed **Physical Education** and completed my National 5 and Higher exams. At school I also joined the girls' basketball and netball team which allowed me to go to different schools, meet new people and play at home and away tournaments.

## Is there anything else that has influenced you in your career choice?

Due to **studying Health and Social Service at college** and getting ERT for my placement this influenced my career choice as I was able to go out to service users with the team and learn alongside them.

## What are the best aspects of your job?

I personally think this job is **very rewarding** and I get a lot of respect from service users as they are **thankful for the help and service I provide**. I also feel satisfied when leaving a service users home knowing I've done everything I can to help them meet their needs.

## What are the key skills needed for your job?

For this job I feel an individual should have **good communication skills**. Communication is a key factor as you should be able to communicate, discuss and hold a conversation with the service users and the team. **Team work** is also a key factor as throughout this job you will work with other SCO's using equipment such as hoists, managers and standing aids etc. and will have to demonstrate communication skills with the service user and the SCO.

## Do you have any advice for young people on how to choose the best career path for them?



I would encourage individuals to **try new experiences** and reflect on them afterwards to discover which they enjoyed the most and if they have a passion for it. **It may take some time to figure out what's best for you but in the end it's worth it if you're in a job you love doing.**



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